

THE



WHITE CAP

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From the President

By Patrick Brady '83

Have you noticed that the longer you are a nurse, the smaller the nursing world becomes? You start to meet nurses you worked with years ago, worked with at other institutions, or taught. You may even work with or teach the children of nurses you worked with. Everyone knows someone and someone who knows someone else. It all becomes 'circular.'

In late 2005, I started taking students to clinical rotations. This was right after Hurricane Katrina and we had all just been through a lot of trauma. The students were freaked out by the new environment and many were displaced from their homes.

It had been about ten years since I worked in a clinical setting and I was scared. Had I lost my skills? When I walked on the unit at Ocean Springs Hospital, it all came back. I quickly realized that the nursing process is the nursing process. It never changes and it never fails. I started to teach those students the way I had been taught, and what I had learned as a student at Charity Hospital School of Nursing.

Step In

On this first day of clinical, one particular student had a difficult patient who required a lot of attention. The patient had multiple episodes of vomiting and the bed needed to be cleaned repeatedly. I found Jennifer crying in frustration in the hall, "I'm so exhausted and I don't know what to do! Maybe I can't be a nurse!" I stepped in and said, "C'mon, we can handle this." Together we layered a pile of blue pads and towels on the bed so that each time the patient would vomit, we could just peel back a layer, and the patient would be on a clean bed again.

There is always one particular student that shines. A student that you just know will be a great nurse, one who tries to do their best but sometimes needs a little support to let them know they can do it. Weeks following, I started



to notice that Jennifer was starting to be confident in what faced her. She caught on quickly, was always prepared, and made the highest grades in her class. I was so proud of her progress.

I am even more proud of her today. She continued her education and advanced in her career, went on to teach nursing herself, and has chosen to be a nurse leader. That student, **Jennifer Fernandez**, is now the new Assistant Dean at Delgado Charity School of Nursing! My heartfelt congratulations to you, Jennifer!

The Circle

A nurse does not achieve such advances without mentoring, care, understanding, and guidance in the 'circular' world of nursing. In excess of 60% of nurse graduates leave the hospital setting in the first year of practice because they do not feel supported during this 'transition year.' In the past three years, I think we've all seen that we need each other more than ever, more than we thought. We need each other's support and each other's shoulder to lean on when the going gets tough. We should all take some time to offer words of support to each other. Not only in tough times, but every day.

I am very proud to learn that Charity School of Nursing is embracing a new approach – to value students' well-being and teach them resiliency. (You can read about this on pages 7-10.)

Homecoming 2022

Homecoming is back! Cancelled in 2020 due to the pandemic, we have rescheduled it for October 22-23! Our

theme is *Ain't Dere No Mo'* which seems especially appropriate now, as we look ahead to leaving 450 South Claiborne for a new building on Delgado's City Park campus. Charity Hospital closed, the dorm is now a nursing home, and the doors of the Education Building will shut in early 2023. All the old landmarks will be gone – but the memories, the incomparable nursing education, and the Spirit of Charity will continue! We can be nostalgic for the old days, but we can also look forward to the future with excitement. The important thing is: "We're Still Here!" and the name, reputation and promise of Charity School of Nursing lives on!

Giving Forward

As Charity alumni, you give so much to support the students – not just your generous donations, but your pride in being from the best, and your commitment to giving that opportunity to each new generation.

When Charity became an Associate Degree program, the graduation pin was redesigned to include a circle enclosing the old pin's chamfered octagon.

We know that this 'circle' – that holds the past within the future – will forever be unbroken as each new Charity graduate goes forth into the world.

Thank you for being a member of this Alumni Association, and for all you do for Charity students!

Patrick

From the Executive Director

By Lista Hank '97

As we plan for our move to the new building, the Charity Alumni Association has a new mailing address! We decided it will simplify our mail delivery if we have our own post office box. If we start using it now, we will all be in practice by the time we move, so none of your dues and donations will go astray once we are gone from South Claiborne Avenue! The new address is:

**CHSN Alumni Association
P.O. Box 19103
New Orleans, LA 70179**

If you need to send something by UPS or other shipping company, you can still use the South Claiborne address until the end of the year. After that, please contact us for a delivery address.

Our email address – chsnaaoffice@gmail.com – is still absolutely the best way to contact us. You will get a response much more quickly than by phone.

Uncluttering

We won't have nearly the same kind of storage capacity in the new building as we do now, so we are going to go all Marie Condo and divest ourselves of a bunch of stuff. The good news is we are going to make it available to our alumni to spark some joy for you!

Yearbooks & Banners

We are keeping one complete set of yearbooks for the Alumni Office, and one for the Delgado Library. All the remaining yearbooks and memory books are available and free to any alumni. We have been hanging on to a lot of yearbooks, so even if we haven't had your year available in the past, we might now, so please email us to check. We can ship your yearbooks for \$5, and you can order them on our website at www.CharityAlumni.org. If you attend Homecoming, you can pick up as many yearbooks as you like, but any books remaining after Homecoming will be disposed of, so that will be your last chance.

The class banners from all the ADN classes will not be rehung at the new building. For a very nominal fee of \$25 (which will go toward scholarships after shipping costs), you can have your class banner! First come, first serve, so email us immediately to check availability and claim yours, then go to the website to pay for it.

Flea Market

Did you know that in the old days at Charity there used to be tea parties at the school, served in china cups and plates? Well, we are going to make a lot of fun things like this available for the alumni to purchase at our Homecoming Flea Market! China dishes, silver-plated tureens and platters, old library books, and other cool knick-knacks and doo-dads.

Bring plenty of checks or cash, because we won't be taking credit cards on site. And we will have plenty of neat souvenirs to purchase too!

Homecoming and T-Shirts

Since it worked so well last Homecoming, we are going to set up our t-shirt sales at Teespring again. You order your shirts directly from their website, choose the color and style you want, and they ship it right to you. Just be sure to order early – probably a minimum of three weeks prior to Homecoming if you want to receive it in time to wear that weekend. It will be perfect with a pair of pajama bottoms for the Pajama Party!

To order, type this web address exactly into your search engine (or go to the Homecoming page on our website for an easy link to click):

www.teespring.com/charity-alumni-homecoming-2022

All the information about Homecoming is on pages 24 and 25. The order form for tickets, and membership, is on page 27. If you are attending Homecoming and have special dietary restrictions, please email us and we will do our best to accommodate you.

Finally, if you want to organize a reunion for your class, or just get in touch with your classmates, we can send you a class list. We can also print mailing labels for you. Homecoming is a great time to hold a reunion!

I look forward to seeing you all in October!

Lista

Thank You for Being a Friend!

By Joycelyn Gondolfo Jeansonne '78

Picture it: the Charity alumni together again after two long years! On Saturday, March 26, over a hundred alumni and friends gathered to pay tribute to all the *Golden Girls* (and guys) among us, and celebrate being able to see each other in person!

The Ridgeway of Old Metairie was the beautiful venue for a buffet breakfast of Eggs Benedict, shrimp and grits, fruit salad and pastries.

The centerpieces were neon palm trees and little banana figures carrying signs with a quote from the Rose Nylund character: "The older you get, the better you get... unless you're a banana."

CSN assistant professor **Jennifer Fernandez** opened the meeting by singing the *Golden Girls* theme song, "Thank you for being a friend!"

Jennifer not only sings crazy good, but she was just a delightful addition to our event in every way!

President **Patrick Brady '83** welcomed all our members and guests. "I kept asking Lista, *Is it time yet?* And finally we are back together again on this beautiful day!"

The blessing was given by **Jenn Garnand '11**, who always makes us think deeply – even about our silliest themes. (You can read her blessing on page 5.)

Patrick announced that Homecoming – if things hold as they are – is scheduled for this fall on October 22 and 23. He thanked all the alumni for their continued support during the pandemic and help for the students after the hurricane.

Report from Dr. Myers

Dr. Cheryl Myers, Delgado's Vice-Chancellor for Academic and Student Affairs and College Provost, graciously attended to give us a report on the students and the school. Dr. Myers said she was happy to be back with the Alumni once again (after serving 10 years as Dean). She updated us on construction of the new building on City Park campus, showing slides of the progress. She concluded by saying she truly appreciates the Alumni's continued support and the power of the nursing alumni!



Top to bottom, left to right: Peggy Begnaud Johns '63 and Maureen Sullivan MacDonald '62; the Class of '72 celebrate 50 years, back row, Deborah Edwards Belotte, Natalie Bienvenu, Madeline Cerniglia Totten, Karlene Burgoon, Cynthia Bourgeois Wagley, Diane Craft Angelico and seated, Arlene Buteau Hebert, Saundra Peterson Messina (not pictured, Phyllis Saunders). Below, Class of '74, Diana Fontenot Roy, Charlene White Persich and Olander B. Holloway.





Left to right, top to bottom: the Class of '65, standing, Donna Dupont Cooper, Susan Thibodeaux Grace, Diane Blumberg Howell, Ann Sneed Sorrells, Kathy Hines Hug, and seated, Ursula Allain along with Vivian Manes '70; Warren Hebert '79 and Judy Ross '68; Amelia Talamo '69; Chantell LaCava, Class of May 2022, and Doris Burvant '60; Patty Dufrene '85.

Special Guests

We congratulated **Vivian Smith** on her retirement earlier this semester after thirty years at Charity School of Nursing. Vivian has served as the school's Office Manager, Bursar and SGA Advisor. Executive Director **Lista Hank '97** presented Vivian with a gift from the alumni and said, "Everyone at the school is already missing her!"

We were delighted to have two other CSN staff members join us for breakfast – **Officer Samantha Johnson** of the campus police and **Janice Bell**, who mans the Information Desk, as well as faculty members **Patricia Smart** and **Carol Leefe '92**.

Election Results

Patrick announced the election results: the unopposed slate of officers was elected unanimously. Secretary **Joycelyn Gondolfo Jeansonne '78**, and Board Members **Vivian Larkin Manes '70** and **Judy Lafleur Ross '68** stepped forward to take their oaths of office. Patrick encouraged anyone interested to run for Board of Directors and officers in the fall when positions will be open for President-Elect, Treasurer, Nominations Chair, and two Board Members.

Roll Call

Patrick and Joycelyn conducted the roll call of classes ranging from 1949 to 2021. The Class of '68 had the most in attendance with eight, followed closely by the Class of '72 with seven. The Class of '72 is already making plans for a bigger reunion at Homecoming.

We also had six students, and Patrick recognized four sets of alumni mothers and children (including **Kimberly Blake '94** and **Ashley Davidson Lieux '19**), six sets of siblings, and one set of twins (**Mary Jo Johnson** and **Mary Jean Johnson Southerland, Class of '74**).

Recognitions

The Class of '72 was presented with 50-Year Golden Anniversary Certificates, and the Class of 1960, who missed their 60-year anniversary in 2020 amid the pandemic, received their Diamond Certificates. Each of the class members in attendance also received a scroll of the Nightingale Pledge and a CHSNAA calendar.

Lista recognized our oldest graduate in attendance, **Mary Smith Singletary '49**, with a gift and certificate for 70-plus years!

Doris Tucker Burvant '60 was excited to be able to meet **Chantell LaCava**, the Spring 2022 recipient of the **Doris Burvant Scholarship** funded by a bequest from

Left to right, top to bottom, Ashley Lieux '19, Jennifer Fernandez, Samantha Johnson, Lista Hank '97, Janice Bell, Dr. Cheryl Myers, Vivian Smith, Patricia Smart and Carol Leefe '92; Ken and Mary Jean Southerland '74, and A'Drain Edney Bocage '74.



from **George Martinez '82**. Chantell is a brand new May 2022 graduate.

Prizes and Raffles

Pamela Engle '69 won Best Costume for her *Golden Girls* themed outfit. The 50/50 drawing collected \$500, with \$250 going to Alumni Association and \$250 going to winner **Suzy Andry '59**.

Patty Dufrene '85 was thrilled to win the raffle for a nurse angel figurine donated by the family of the late **Cynthia Michel Steinkamp '72**. Cynthia's family also donated a framed Charity lithograph which was won by **Mary Jo Johnson '74**, and a cross-stitch of the Charity pin which was won by **Amelia Talamo '69**. The CHSN Cape silent auction went to **Jenn Garnand '11** with a winning bid of \$200.

See You in the Fall

The singing of the Alma Mater was led by **Cindy Beniger '68**. Patrick closed the meeting by telling everyone to drive safely going home, and declaring, "We will see you at Homecoming 2022!"

Jennifer Fernandez concluded the morning by singing "Celebrate Good Times" as we danced, hugged our tablemates, said our goodbyes, and made our promises to be back together in October! ❖

A Blessing for Friends

By Jenn Garnand '11

We gather here together in the spirit of Charity, and give a moment of silence for our friends and colleagues who have gone before us. We promise they will never be forgotten.

Thank you for being a friend. What a simple concept, but immensely impactful phrase.

The last two years have brought separation and fear, illness and anxiety, confusion, doubt and disappointment. But it has also brought hope. The hope for a day like today when we can be here together again.

The *Golden Girls* series was full of great quotes,



such as: "People waste their time pondering whether a glass is half-empty or half-full. Me, I just drink whatever's in the glass."

Today, let's drink what's in the glass. Take it in stride. Because it's what we've been given. And that's really *all* we can ever ask for.

Another quote is, "You know my motto. Today could be the last day of your life." So again, let's be grateful for today, and let's cherish this moment here together and the opportunities we've been given.

One last quote. "The bottom line is, in life sometimes good things happen and sometimes bad things happen. But honey, if you don't take a chance, *nothing happens*."

And so with this in mind, let's *commit* to taking a chance. On ourselves. On our situations. On our world. And on *each other*.

My Charity friends: May we always remember who we are – both as nurses and members of this amazing family. May we always uphold the legacy of our Alma Mater. May we always cherish the beautiful moments we have together as members of *truly the best* nursing organization around!

And may we always hold sacred the impact we have on the lives of all those around us.

Thank you for being a friend.

Amen. ❖

Dean's Report

By Joan Ellis, PhD, RN, CNE
Executive Dean CSN Campus/
Dean of Nursing



It is truly an honor and a privilege to have been chosen to serve as the new Dean of Nursing at Charity School of Nursing. To be a part of such an exceptional program is a 'once in a lifetime' opportunity to make a difference in the lives of current, as well as prospective students. I realize that this is a time of tremendous growth and change for the college. However, this is also a wonderful opportunity for innovation and creativity, and I'm so excited about the possibilities!

I would like to share with you some information about my background in nursing education and practice. For over thirty years, I have served in many roles in higher education, ranging from executive director, program chair, assistant dean, and dean. Most recently, I served as the founding Dean of the Graduate Nursing Program at Our Lady of the Lake College in Baton Rouge, Louisiana. I have also worked on all levels of nursing education, including associate, baccalaureate, master, and doctoral programs. My area of specialization includes pediatrics and neonatal intensive care nursing.

New Assistant Dean

A warm welcome to our new Assistant Dean of Nursing! We are pleased to announce that **Ms. Jennifer Fernandez**, MSN, RN, CPN, (*left*) has been appointed to the position of Assistant Dean at Charity School of Nursing. Having served as an instructor and assistant professor at CSN for the past seven years, she brings a wealth of knowledge, insight, and experience to the role. In terms of her professional clinical experience, she has served in a variety of roles, including pediatric staff nurse, charge nurse, and clinical educator.

Jennifer has been consistently active on many college and divisional committees and has served as chair of the CSN Curriculum Committee. In addition to her service at Delgado Community College, she has also served in leadership roles on committees at the regional and state level. Jennifer has a masters in nursing education, and is currently pursuing a PhD in nursing education and administration from William Carey University in Hattiesburg, MS.

Commencement Highlights

Spring 2022 has truly been an extraordinary semester! Despite many ongoing obstacles and stressors, our students were able to navigate successfully through

multiple challenges to achieve their dream of being Charity graduates. There were 140 graduates from the Associate Degree Nursing Program and 15 graduates from the Practical Nursing Program.

We are also very excited to share that our very first Ochsner Medical Assistant to Practical Nurse (MA to PN) Program cohort of 16 students completed their program of study this spring and graduated in May. Without question, we couldn't be prouder of all our graduates!

Achievements and Recognition

Earlier this semester, **Ms. Jennifer Fernandez** and **Dr. Karen Macey-Stewart** were selected by the Accreditation Commission for Education in Nursing (ACEN) to serve as Peer Evaluators. As part of this prestigious role, faculty are afforded the opportunity to serve as subject matter experts in the peer review process nationwide.

Dr. Kim Uddo and **Ms. Jennifer Fernandez** were both nominated for the 2022 Seymour Weiss Excellence in Teaching Award, and **Dr. Uddo** received the award at the May 2022 Delgado Community College Commencement program. This is the most prestigious award that a faculty member at the college can receive, and we are extremely proud of Kim!

Ms. Elizabeth Prather published an article in *allnurses* Magazine in Spring 2022 entitled "Be a nurse they said...Why are nurses leaving the bedside??" You can read it at <https://allnurses.com/be-a-nurse-they-said-t743784>.

The following alumni and current faculty were honored at the New Orleans District Nurses Association (NODNA) 2022 Celebration of Nursing Excellence Program in May: **Ecoee Rooney '99** received the Legacy Award. **Keyalah Banks '20** was a nominee for a Rising Star scholarship. **Stephanie Coig '06**, and **Kimberly Hite '10** (adjunct faculty), were nominated for the Beyond the Bedside Leadership Award. **Jennifer Fernandez** (faculty) was nominated for the Beyond the Bedside Academic School Educator Award.

Finally, happy retirements to Assistant Dean **Deborah Skevington**, Media Services Director **Donna Bayard**, and our Office Manager **Vivian Smith**.

New Campus Update

At this time, construction on the new nursing and allied health building at City Park is progressing rapidly and is on schedule. All finishes, furniture, and equipment are currently being selected and everything is coming together beautifully!! Every component of the building is state-of-the art! I can't wait to see the finished product! The anticipated completion date is Spring 2023.

Wishing you a safe and restful summer!

Joan

The Road to Resiliency

By Wendy Garretson MN, RN, CCRN, CNE
Professor, CSN Level IV Faculty

Thinking of my own journey at Charity, I remember the December 2017 Pinning like it was yesterday. I was greeted by my clinical students following the ceremony and was given a personalized coffee mug, decorated with all of my colloquial sayings such as *Cookin' with Crisco* and *STEMI in the ED*. Never had I felt more recognized and energized.

Coincidentally, I had just read the article, "Effect of meaningful recognition on critical care nurses' compassion fatigue" in the *American Journal of Critical Care*. I realized my students had just demonstrated to me the power of that approach! I began my own crusade to motivate my nursing students through meaningful recognition.

Remembering Dale Carnegie's words to "praise the slightest improvement and praise every improvement," I incorporated his principle with my clinical students, making a point to communicate to each student that I saw their efforts and giving genuine praise for even relatively small successes. The feedback from my students showed that they felt more excited to go to clinical and they understood that I cared about them.

Sharing the Research

At a faculty Journal Club presentation, I presented an article that I had found intriguing: "Prevalence of Coping Strategy Training in Nursing School Curricula" from the *American Journal of Critical Care*. That led my colleague Dr. Kim Uddo to share findings from her 2021 pilot study, that student nurses who practiced resilience-building skills improved resilience scores significantly.

At the time of the study's conclusion, the *Future of Nursing 2020-2030* report was published during the second year of the COVID-19 pandemic. In this report, the National Academy of Medicine strongly recommended that all schools of nursing immediately begin to include nurse well-being and resilience building strategies into their curricula.



Above, Wendy Garretson during Professional Issues Day via Zoom in April; below, one of the student presentations.

Because of the significant results of the pilot study and that strong recommendation from the Academy, we decided we needed to take action.

Dr. Uddo began working with the faculty to address the concepts of well-being and resilience. We were able to move forward quickly by scheduling two hours to devote to resilience during Level IV's Professional Issues Day at the end of this semester.

Starting the Discussion

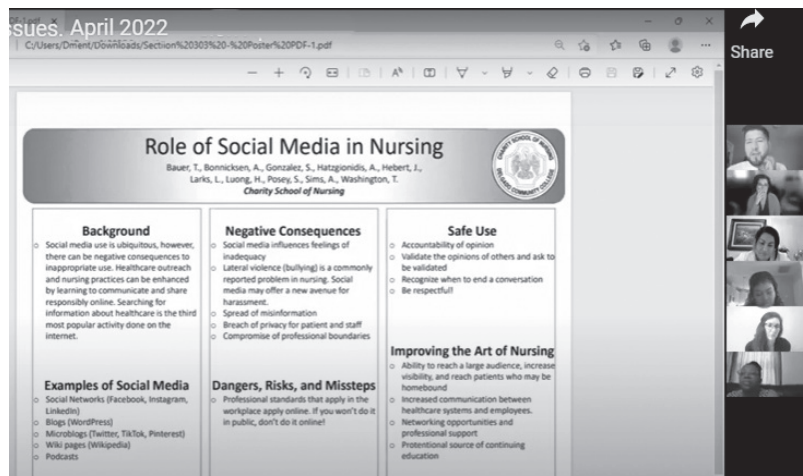
What ensued on that day in April was nothing short of an incredible outpouring of sharing between Level IV students and their faculty.

The eight-hour virtual day via Zoom began with Dr. Uddo discussing "Nurse Well-Being." Throughout the day, each clinical section made presentations addressing a variety of professional issues ranging from alarm fatigue, healthy working environments, HIPAA

violations, impaired nurses, emotional intelligence and many other topics.

Using New Tools

Dr. Uddo invited meditation practitioner Meghan Zank to talk with the students about using breathing and intentional visualization as tools to relieve stress. "As nurses you are always helping others," said Meghan.





Dr. Kim Uddo leading the discussion on Zoom

“Meditation is a way to help yourself, to shed the layers of things that aren’t serving you.” She led the students in mindful meditation and boxed breathing – a technique even used by Navy Seals to calm themselves in stressful situations. “An ICU nurse I know does box breathing every time he washes his hands,” said Meghan.

Dr. Uddo suggested it would be great for students to try that themselves in clinical the following week. “It’s something you can bring with you to any unit you work in.” After the exercises, one student declared, “I wish she had shown us this before our last test!”

Hearing the Students

Dr. Uddo led the students in responding to questions about their well-being and nursing school experiences. Then they discussed the issues and shared suggestions for coping and better strategies. Topics ranged from healthy eating and energy management, to the stress of the pandemic and bullying. “There are so many layers to this,” said one student. “A lot of these changes have to happen within ourselves, but how do we manage all this when we are barely surviving?”

The discussion provided a platform for the students’ voices to be heard, to share their struggles and feelings. One student observed, “There is such a lack of solidarity. It’s cut-throat. We don’t seem to understand the value of each other.”

The students were heartfelt, eloquent and professional as they shared their experiences. “It’s always the patient first, your family first, everything else comes first. It’s good to have someone say you have to take care of yourself too,” said another.

Some students shared experiences that showed how supportive the faculty had been to them. One instructor

allowed a student to step away from clinical for a time in order to watch the funeral of a family member on YouTube. A ‘Zen Den’ is offered in Level I, so students can calm down before tests.

Expressing Gratitude

The most inspiring portion of the day was as students took turns expressing gratitude to the people who helped them through school – some thanked faculty members, some thanked study groups and clinical groups. There was a lot of love expressed. “My nursing school friends have kept me strong and keep me pushing,” said one student who recently had a death in her family.

The students were so positive about the session on resilience, and one student made the excellent suggestion that we have monthly ‘well-being check-ups’ for students

to survey their experiences, and share frustrations and suggestions.

This Professional Issues Day marks just the first steps in a major change in our approach to our students. We want them to feel seen, to be heard, to feel valued – to know that nursing is where they belong. ❖

Are We Producing Resilient Nurses?

By Kim Uddo, DNP, RN, CCRN, CNE
Professor, CSN Level IV Faculty
Workplace Wellness Specialist

Resiliency is the ability to spring back from adversity. Life is full of obstacles – stumbling blocks both personal and professional, as well as hurricanes and pandemics! After a particularly rough couple of years, it seems a good time to ask ourselves: Are we helping Charity students become resilient nurses? Or are we setting them up for career dissatisfaction and burnout? Are we welcoming new nurses into a rewarding profession by modeling resilience-building strategies, or are we sometimes perpetuating a culture of ‘nurses eat their young’?

Rethinking the Model

The combination of the report from the National Academy of Medicine, and the article on coping Wendy Garretson presented to the faculty, plus an extensive review of the literature, and my own study – all helped to crystallize a lot of thinking among the faculty here at Charity. We realized that the well-being of our students needed to be addressed.

In the fall of 2021, I began collaborating with the Chair of the Curriculum Committee, Jennifer Fernandez, and the Level IV instructors (Theresia Dickerson, Veronica Jean, Michelle DeLima, Nelcia Alexis and Wendy Garretson). We came up with suggested edits for the Charity School of Nursing Philosophy Statement to address our unified belief in the essentiality of student nurse well-being, and the importance of modeling resilience-building strategies. These edits were approved and adopted by faculty members.

A task force was formed by members of the faculty to create a statement of commitment to well-being and resilience. This task force consisted of myself, Mary Troclair, Nelcia Alexis, Shena Sanders, Cindy Hoppe and Wendy Garretson. Input was requested of all faculty members for revisions.

Finally, a one-page statement was agreed upon by the faculty. It provides a unified voice to commit to student nurse, faculty, and staff well-being and resilience. This statement was added to the Action Collaborative on Clinician Well-Being and Resilience website created by the National Academy of Medicine (NAM). The statement can be found at:

<https://nam.edu/actioncollaborative-on-clinician-well-being-and-resilience-network-organizations/>

From there, the faculty committed to adding nurse well-being and resilience-building to the concept of professional behaviors, and the Level IV faculty voted to add one hour to the professional behaviors class to have time to practice a variety of resilience-building strategies.

Collecting Data

As nursing school faculty, we must start asking some difficult questions. We need to hear the students. If we don't ask the questions, how can we fix things? This aligns with advice from the NAM's *National Plan for Health Workforce Well-Being* public report of May 2022, where organizations are urged to measure drivers of burnout in their own environments and then develop appropriate strategies. Doing an assessment is useful, and the bottom line is, if problems go unmeasured, they remain unaddressed.

The Professional Issues Day discussion this semester provided an opportunity to collect information about where our students are in terms of understanding how to care for themselves and their satisfaction with their nursing school experience.

I had prepared a series of survey questions the students could respond to electronically and the results could be available immediately. The students were polled with short sets of questions periodically throughout the session to assess where they were now. Not surprisingly, students were stressed.

We found that 78% experienced trauma in the past

two years, 65% lost someone they loved in the past two years. Only 34% consider themselves to be in excellent health, 78% said they needed to lose weight, 92% felt burned out, 91% were experiencing a large amount of stress, 95% were exhausted, and 99% said they need a vacation.

Thrived, or Just Survived?

Fifty-seven percent said they felt bullied in nursing school – by peers, faculty, administrators, or hospital staff. Only 41% felt their well-being was a primary concern at the nursing school, but the biggest reveal was that only 16% felt they thrived in nursing school while the other 84% said they only survived nursing school.

These results align with national studies of nursing students *and* nurses. Clearly, something needs to change to help our students cope – most immediately to the pandemic and its aftermath, but to other ongoing stressors as well. Adversity is inevitable, but how can we give nursing students the tools to spring back not just as students, but out in the nursing world?

Talking Helps

The students were polled again after the session on resilience was completed. Students answered 'yes' to the following statements: I loved learning about resilience (96%), I loved learning about well-being (97%), I loved learning about burnout (96%), I loved practicing meditation (91%), I loved practicing gratitude (97%), I loved taking the self-assessments and polls (94%), I loved hearing testimonials (94%), I loved learning about sleep and shiftwork (95%), I loved practicing breathing exercises (87%), I loved reflecting on activities (88%), I am grateful for having well-being and resilience in our curriculum (98%), I wish resilience-building activities were begun earlier in the program (98%).

Clearly the students found this kind of discussion and strategizing relevant and valuable. These data will guide faculty improvements on the road to resilience.

Make Time for Fun

What else can we do? One focus could be socialization activities. Remember all the volleyball games and school picnics of the past? Participation declined in those kinds of social events over the years as personal lives became busy with jobs and families, and the pandemic cancelled them completely. A resurgence of campus organizations and on-campus social activities should help, and students need to be encouraged to participate – not just for fun, but because it will make them more successful students. Socialization builds resiliency – and creates those shared memories of the good old days at Charity!

Going Forward

We are hoping that student well-being and resilience building will be prominent in the curriculum in the coming years. For now, each Charity faculty member

has committed to doing their best to assure all students that their well-being is an essential priority before they are able to provide equitable care for our community. This isn't just about making the students happier in nursing school. It's about how emotionally-fragile, stressed-out nurses are more likely to make errors or be inattentive, and less likely to be mindful, compassionate, tolerant, and careful in every sense of that word.

We need to model self-care skills along with the other nursing skills we teach. We need to offer a safe way for student voices to be heard all semester, every semester. (Students explicitly requested a safe and honest platform other than just the student representative at faculty meetings.)

We need to stand united to build a culture of wellness. It is our goal that future students, rather than feeling they just survived nursing school, will find they thrived in nursing school – increasing their emotional resourcefulness and supporting each other as they gained knowledge.

Be Prepared

The pandemic took us by surprise, and devastated us in many ways. But it taught us all a great lesson. We need to be ready with the tools to spring back from every disaster and unexpected obstacle – large or small.

We need to embrace and encourage emotional health, beginning at Charity and throughout nursing. Imagine if nursing school actually prepared students to thrive, not just in school but in their lives. It can be taught, and, at Charity, we are just getting started on the Road to Resiliency. ❖



Charity Hospital School of Nursing Alumni Association

Please note our new mailing address:

CHSN Alumni Association

P.O. Box 19103

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Our Internet Archive of Yearbooks and Newsletters can be found using the link on our website, on the FAQs and Links page. ❖

Spring 2022 Student Graduation Awards

Congratulations to the seniors who graduated in May 2022! The Pinning Ceremony for the RN program was held at the Pontchartrain Center on May 16. The PN program ceremony was held on May 13.

Additional applause go to the following students who won graduation awards!

RN Awards

Margaret Claire Samford

– Sister Stanislaus Malone Award

Amanda Sims – Margaret Palmisano Alumni Award

Lauren Todd – NODNA Leadership Award

Abraham Thacker – Award of Distinction

Jared Thomas – Sister Blanche McDonnell Award

Iryna Zaitseva – Highest GPA

The Theresa Bittenbring and John Henry Marque Fund Student Nurse Award (*top five graduates by GPA in academic year*):

Fall 2021 Semester

Anabel Velazquez Borjas

Jennifer Ryan

Lauren Mackey

Katelyn Jones

Spring 2022 Semester

Iryna Zaitseva

PN Awards

Keisha Ceaser – Award of Service

Jasmine Davis – Award of Distinction

LaShawn Davis-Taylor – Clinical Excellence

Imani Douglas – Highest GPA

Tamaris Rhea – Florence Nightingale Award

Autina Watson – Most Spirited ❖



Media Services Director **Donna Bayard** (*left*) and the former Assistant Dean **Deborah Skevington** (*right*) at their retirement party in April. Debbie was at Charity almost 16 years, and Donna was at the school 24 years. ❖

Scholarships & Awards

In February 2022, the Charity Alumni Association presented \$11,400 in scholarships and awards to twenty-three students of Charity School of Nursing. All awards are made possible through generous donations from Charity nursing alumni, their families, faculty and friends.

Congratulations to these recipients of the scholarships and awards for the Spring 2022 semester (*pictured left to right, top to bottom*):

LEVEL 2

Ashley Runco – Katie Wager Barnes '55 Scholarship \$500

Destiny Sandolph-Milsap – Sister Blanche McDonnell Scholarship \$500

Chelsea O'Lansen – Class of 9/11/64 Scholarship \$500

LEVEL 3

Katrina Bankston – Sister Camilla Gaudin Scholarship \$500

Shea Carrillo – Madeline Tolson Markwood '52 Scholarship \$500

Alex Dolmseth – Hugh and Maria Garcia Roach '38 Scholarship \$1,000

Janae Frank – Janet Foret Lococo '56 Scholarship \$500

Bria Hains – Rita Bares Raphael '65 Scholarship \$500

Denise Rock – Elizabeth Matranga MacDonald '66 Scholarship \$500

LEVEL 4

Qween Amor – Sally Cooper '59 Alumni Scholarship \$1,000

Chelsea Blum – Georga Helmer '79 Scholarship \$500

Chantell LaCava – Doris Tucker Burvant '60 Scholarship \$500

Cherese Mallet – Leah Valerie Boudreaux '93 Scholarship \$500

Lacey Muller – Rose Ella Chenevert Miller '58 Scholarship \$1,000

Gabriela Perez – Leona Kruebbe Hilbert '46 Scholarship \$500

Melinda St. Pe – Joycelyn Gondolfo Jeansonne '78 Scholarship \$500

Crystal Washington – Bernice Bonds Scholarship \$500

PIN AWARDS (*not pictured*)

\$100 towards Charity Nursing graduation pin

Abraham Thacker – Kirk LeVasseur '79 Pin Award

Stella Nwafor – Jane Hardy Barrow Pin Award

Keith Theyard – Shana Karen Babin Pin Award

Lyntell Wright – Aloysius Scallan Watermeier '42 Pin Award



Federation of Registered Professional & Licensed Practical Nurses of Charity Hospital Awards \$500 each (*not pictured*)
Naailah Abdulmalik – RN Program
Dammeon Ruffin – PN Program ❖

National Convention Full of Opportunities for Charity Students

By Stephen Schwarz, Class of May 2022
Charity SGA President and CASN Member

Four members of CASN, the Charity Association of Student Nurses, attended the National Student Nurse Association (NSNA) 70th annual national convention in Salt Lake City, Utah, in April 2022.

CASN president Lauren Todd, vice-president Amanda Sims, Ariane Durel (public relations director) and I are thankful for the generous donations provided by the Charity School of Nursing alumni that enabled us to participate.

Here's to the Heroes

Attending convention for the first time since the pandemic began was a very exciting experience. We couldn't wait to meet fellow student nurses, other nursing school faculty, and nurse leaders from across the country. The theme of the convention was *Here's to the Heroes* recognizing nurses who saved lives and provided comfort on the front lines during the Covid crisis.

The first day started bright and early as we attended a mini NCLEX review, where we were taught how to prepare for the test, tackle questions and so much more! This review included lots of information we could bring back to our classmates to help prepare for NCLEX.

Representing Student Nurses

Lauren and I served as members of the House of Delegates. During the delegate meetings, new amendments were deliberated and several resolutions were passed including changes to the NSNA code of ethics. Since we were seated by state in the House of Delegates, we got to know many students from throughout Louisiana.

Wrapping up the day, we attended the opening ceremony and the keynote address by Dr. Sally Karioth. Dr. Karioth is on the nursing faculty at Florida State University and is renowned for her work in grief counseling and helping people cope with the death of a loved one. She was an inspiring speaker, infusing a somber subject with humor and warmth!

After that, we went back to the hotel and dressed in our best '50s attire to attend the evening welcome party celebrating the decade when NSNA was established.

Nurses Historically on Frontline

Day 2 included plenary sessions, seminars, workshops, exhibits and poster presentations. One of the plenary sessions included a screening of the acclaimed



Left to right, Ariane Durel, Stephen Schwarz, Amanda Sims and Lauren Todd attend the NSNA Convention

documentary *Ward 5B*, about the first ward in the country designed specifically to care for AIDS patients. The film about the innovative ward at San Francisco General Hospital was a historical illustration of how, during the AIDS crisis, the leadership of nurses affected the quality of life and outcomes for their patients.

A panel we looked forward to the most included Charity alumni **Brandi Borden, Class of 2019**. At Charity, Brandi was CASN president and parliamentarian for the Louisiana Association of Student Nurses. She credits her involvement in student nurses organizations with her learning teamwork and how to lead, delegate, ask for help, and foster the ideas of others. Brandi has gone on to serve as NSNA President for 2020-2021, and is currently Secretary of the Louisiana State Nurses Association.

That panel delved into what it was like to be a new nurse and tips on how to transition from student to nurse. The panelists welcomed the student nurses in the audience to ask questions, from when to start applying for RN positions to what to expect as a new nurse and a lot more.

During convention activities we were able to network with students from other schools including a few students from Pennsylvania. We really enjoyed learning the differences between our nursing schools – and our student organizations.

Exhibits and Opportunities

A highlight of the convention was checking out the Expo in the exhibit hall. The exhibits included

universities offering further education, healthcare agencies with entry-level positions, summer externships, and career opportunities, the army, specialty professional nursing organizations, and many other opportunities. We also got to meet Mike Linares, RN, from *SimpleNursing*, who pioneered using very visual video lectures, memory tricks and one-page study guides to help nursing students struggling with traditional classroom learning.

Amanda said about the expo, “It was great to be able to visit so many exhibits and truly see just how many options we have in nursing.”

The Endnote Panel gave a real-life view of how Covid has changed nursing practice and where nursing is headed from here. As the NSNA Foundation puts it, “The world has never needed future nurses more!”

When I asked Lauren, our CASN President, about her experience at convention she said “It was so amazing to finally experience NSNA convention. I have a renewed energy and drive to finish the semester – and nursing school – strong.”

In a few short days, we found out so much about the latest trends, issues and academic and career opportunities. For me, it was so empowering to realize that we can make change when we are united. Nurses are doing amazing things, and we are stronger when we are united.

We are so grateful to the alumni for making it possible for us to learn so much, meet nursing leaders, and embrace our identity in our future profession of nursing! ❖

Fluffing Your Aura, Or How I Help Students Reduce Their Anxiety

By Carol Leefe '92, MN, RN
CSN Assistant Professor

I graduated in December 1992 from Delgado-Charity School of Nursing. During my time at Charity, I was a member of CASN, the Charity Association of Student Nurses, and had the good fortune of being able to attend one of the National Student Nurses Association (NSNA) conventions. One of the seminars I attended was about how to reduce anxiety before an exam. The nurse giving the seminar talked about the healing powers of humor, touch, and “fluffing” your aura, and I found it useful and enlightening!

I am now teaching Level 2 at Charity and I offer a Study Skills and Test-taking Techniques seminar to students during the first week of classes. I introduce them to the usual physical relaxation techniques such as deep breathing, and rolling the shoulders and neck.

I also include fluffing your aura or energy field – which always makes everyone laugh!

Flattened Energy

Claims about Kirlian photography, depicting a glow of color around a human being, have been discredited by the scientific community. However, the concept that humans have an energy field that ebbs and flows around them has not. We feel this positive energy when we are around friends and family, and can even feel the ‘good vibe’ of strangers. On the other hand, we all have those people in our lives that seem to drain us – physically, mentally and emotionally. Stressful situations, fear and nervousness can also deflate our energy field and leave us with a need to recharge.

Fluffing the aura can take several forms, such as taking a walk in nature. But a quick way to pull the negative energy out of your chest when you are panicked before a test is to rotate your open palms around each other and around your body. This buoys up your flattened energy, like fluffing up a pillow, and centers you back in the moment instead of being consumed by your fears.

Neural Linkages

The more senses that are involved in the total experience of studying, participating in class, and exam taking, the more linkages are made in your neural network. Those linkages help you store and retrieve what you study – so when taking the exam you remember what you learned! For that reason, I encourage using a variety of techniques to engage as many senses as possible.

You may be surprised to know that aromatherapy is used in hospitals for controlling nausea and morning sickness, reducing stress and anxiety, and increasing focus and concentration. I recommend that students use peppermint, wintergreen, rosemary, sage or cinnamon to increase focus and concentration. You can use essential oils in an atomizer at home and then dab it on your wrists in class and when taking an exam. Citrus blended with lavender, eucalyptus and tea tree oils can help calm and soothe the mind, body and spirit. The smell you associate with filing away all that information while you’re studying can also help you grab that file folder and bring it back into your conscious mind!

Using Multiple Senses

I also suggest sucking on strongly-flavored hard candy while studying, listening to lectures and during exams. Writing on scratch paper can also help students engage their tactile and kinetic senses during the computerized tests.

Hearing extraneous noises can cause some students to lose focus and can increase anxiety. In Level 2, we hand out ear plugs for those students who need them. We also provide assorted hard candy in soft (quiet) baggies,

pencils in case they forget their own, and rubber bands.

Rubber bands can be used to snap your wrist – a little negative feedback to remind you not to change your answers (unless you suddenly realize what the correct answer is!) You can also use the rubber band snap to assist you in keeping your anxiety in check. When you feel your anxiety surging, snap the band to break the rising tension, take some deep breaths, roll your shoulders and re-focus.

I have been teaching this seminar for many years and students tell me that the techniques are helpful throughout nursing school. I have often been sitting in my office as the Level 3 or Level 4 students line up to go to the computer lab for testing. Suddenly I will hear, “Ms. Leefe, can you come out and fluff our auras?” We all laugh and I comply – pantomiming patting and poofing a cloudy halo around their heads and shoulders. Laughing is another great way to relax the tension before a test!

Auras may or may not be real. Some believe in energy fields and some don’t. I simply recommend keeping the mind open to possibilities.

However there is certainly scientific agreement on the value of therapeutic touch, and humor, and using our senses to build linkages in our neural networks. Freaking-out over tests is like a bad habit that can be trained away. Just as we teach nursing skills, we can teach relaxation techniques to help students open up to their full potential rather than being hobbled by unnecessary stress. And who doesn’t like a hard candy to sweeten up their day? ❖

An Attic, an Apron & an Ashtray

Anita Tinsley Powell emailed us to say, “I found a few things in the attic of an old house that we bought in Iowa, Louisiana. It appears that someone in the family went to Charity School of Nursing. There is an ashtray from the 1960 CHSN Homecoming, and a green and white apron stamped with ‘H. Pierce.’ It is very old. I would like to give these things to someone who has an interest in them.”

Indeed, as it turns out, the ashtray and apron belonged to **Hazel Pierce ’38**. When we let Anita know, she sent the items to us and wrote back, “Thank you for the picture and all the information about Hazel. It is so good to put a name with a face, and to know her connection with CHSN and some of her history. It is my understanding that the house was built in 1925. In reading through some old documents that were in the attic, it appears that Hazel would have been the aunt of the gentleman we



bought it from.” Hazel was from the town of Iowa, was president of the Student Council at Charity, was a member of the Glee Club, and received the Honor Pin when she graduated. Hazel went on to teach at Charity in the ’50s and ’60s. ❖

Black History Notes

Did you know that the first black student was admitted to Charity Hospital School of Nursing in 1965.

That was **Dianna Brady ’68**

(pictured at right). Male students were first admitted in 1971, and the first black male graduate was **Charley Johnson ’76**.



The first black faculty member was **Doris McKinley**, and the first Coordinator was **Margaret Washington** in Mental Health. The first black SGA officer was Vice-President **Roslyn Johnny ’73**, and first black student in SAC was **Rose-Mary Alexander White ’72**.

The Black Student Organization (BSO) was formed in 1970. It would go on to become Spectrum, with a mission to promote diversity, multiculturalism and community service.

We would like to share the stories of Charity’s earliest black students, whose experiences may have been quite different from white students. Please send us your memories – of the school, the hospital and New Orleans – and we will print them in upcoming newsletters, and add them to our archives. ❖

We want to hear from you!

What have you been doing since graduation? Please let us know so we can print your news in the *Alumni News* this fall. Send photos, too!

If you know an alumni who is not receiving our newsletters, please send us their mailing address and/or email.

If you would like to organize a class reunion, or just get in touch with your classmates, we can send you a class list with the contact information we have. We can also make mailing labels for you.

Would you like to run for the Board of Directors, or be part of the Advisory Committee? Elections will be held this fall for President-Elect, Treasurer, Nominations Chair and two Board Positions. We can send you information about the positions and how to get on the ballot. Please let us know!

Email us at chsnaaoffice@gmail.com ❖

Alumni Notes

The daughter of the late **Joyce Delatte Kelly '49** was kind enough to send us a box of Charity mementos that Joyce had collected over the years, including her Charity cap with the senior black band, an umbrella, mug and alumni cookbook.

G. Marlene Smith Chadwick '55 (*Hammondsport, NY*): "I received the newsletter this week – thank you for sending it! I treasure my years at Charity and enjoy reading the news, even though it is sometimes sad. I do hope all is well there!"

Patricia Kucera Ammon '58 (*Metairie, LA*): "It was a nice surprise to see the snow photos I sent you published in the *Alumni News*. We were all so young in 1958! I will be 87 this year. I hope all of you are well – and staying that way!" Pat also sent us some of her memories of life at the School of Nursing, which you can read on page 17.

Marie-Lynn Conque-Martin '60 (*Lafayette, LA*) is a Wound-Ostomy-Continence Nurse, a member of the Sloan-Kettering Class of 1986 where she studied WOCN and foot care. She was instrumental in establishing the Payne-Martin Classification of skin tears in the elderly. She assisted Dr. M. Holden in setting up the wound care and hyperbarics center at Lafayette General Medical Center. She retired in 2019 after opening the Ostomy Clinic at the University Hospital and Clinics in Lafayette through LGMC and with three other WOCN nurses. One of those nurses was a NP that Marie-Lynn had mentored for 20 years. Says Marie, "I owe so much to my Charity education. I'm very grateful I was able to walk into any hospital and be hired with the title Charity Hospital School of Nursing graduate." Marie-Lynn came by the school to donate two CHSN capes, her cap, a pillow she made from the 2006 Homecoming t-shirt, and a very cute ostomy doll to the Alumni Association.



Left, souvenirs from Joyce Kelly '49 include a plaque of the old Charity Hospital prior to Big Charity and her black-banded senior cap. Below, a pillow made from the Homecoming 2006 t-shirt, an ostomy doll and cap from Marie-Lynn Conque-Martin '60.

Rosemary Hathorn Holmes '62 (*Zephyr, TX*): "I've always had a great job, thanks to Charity! I was on active and reserves in the US Air Force for twenty-two years. If I knew computers I'd still have my license and would still be working. I retired at 70, and then did volunteer work at the hospital until Covid. At Charity, I got to know Sister Pauline, the director of the school while I was there. My father worked for Texas & Pacific Railroad, and her brother drove a truck for them in Alexandria, LA. I'd see him often when I was at the depot there – small world! I always enjoy the alumni newsletters – keep it coming! I've included a donation – I would send more but I'm helping two grandchildren through college."

Barbara Gaspard Neal '64 (*Chattanooga, TN*): "Three years ago, I retired from nursing – after 55 years of full time and overtime work, and as many as three concurrent jobs. I raised three children and got them educated through master's degrees. The kids and I did our best, and the Lord did the rest! I worked in every discipline except organ transplant and psychiatry. Two years ago, I moved to Chattanooga, just in time for back surgery, Covid quarantine and a tornado! I am fine now – no Covid, the tornado damage repaired, and learning the city better every time I venture out! I have no family in Louisiana anymore, but the good memories persist!"



Linda Aucoin Hutchinson '65 (*Houma, LA*): "Thank you for all you do! The *Alumni News* is a great read! I especially enjoy reading stories from the past and the 'goodbyes' to friends who have passed. I loved Dr. Cazayoux's article! He was one of our dearest and best doctors and always a straight shooter. Thanks also to the Doctors Pankey! I look forward to reading more about the labyrinth construction and the skills lab in Patricia's memory. God bless *all* nurses, and stay safe!"

Ann Barry Carole '66 (*Denver, CO*): "I can't say enough about the education I received during my three years at Charity. In the future I will write about my 40-year career in nursing, but unfortunately I have broken my right arm and my daughter had to write this note for me. Enclosed is a \$1,000 donation to the Sister Blanche Scholarship Fund. Sister Blanche was a caring and compassionate director for whom I had great respect. Congratulations to all the students who qualified for the Alumni scholarships!"

Sharyn Sullivan '72 (*Owings, MD*): "Small world department: my daughter graduated last year from LSU Nursing School and her current preceptor is a Charity graduate. She gave my daughter your contact information which I'd lost track of. I have retired as a NP in psychiatry, and decided last year it was time to spend time with family and taking cruises. I live in Maryland now, but I hope to be able to attend one of the alumni events. Hope the Class of '72 will be having more reunions!"

Diana Fontenot Roy '74 (*Lafayette, LA*): "I send my sincere gratitude to you and all alumni that didn't give up on me. I apologize for my delinquency on my dues! I cherish our newsletters and am often brought to tears when reading them. We all can be very proud of having graduated from the greatest nursing school that has ever existed! I look forward to seeing everyone soon!"

Sharon Burel '80 (*New Orleans, LA*): "It's always good to receive the newsletter and read all the news from everyone! I will truly miss Ms. Bernice Bonds. She was a long time dear friend and mentor. She was very active in her church and was the leader of their Wellness Ministry and a Faith Community Nurse. I am enclosing a donation for the **Bernice Bonds Scholarship Fund**, so that her legacy will live on and inspire others. Ms. Bonds was truly a remarkable woman."

Margaret Caruso '92 (*Metairie, LA*) has opened a six-resident home for the elderly, called Peace of Home EldeResidence. The small assisted living facility offers 24/7 on-site care, fully licensed by DHH. Margaret, the

owner/operator, has 30 years of RN experience, and the home is set in a safe, quiet, residential neighborhood in Harahan. "We provide three meals a day, and many of the amenities associated with larger facilities, but the smaller size allows for more personal one-on-one care," says Margaret. You can email Margaret at margaret@peaceofhomeliving.com or visit the website: www.peaceofhomeliving.com.

Jenn Garnand '11, MBA, BSN, RN, CFRN, CCRN, CEN, NE-BC, CMTE (*St. Louis, MO*): Jenn is the Associate Chief Nursing Officer for Missouri Baptist Medical Center in St. Louis. She posted this on *LinkedIn* in June.

And, when you want something, all the universe conspires in helping you to achieve it.

- Paulo Coelho, The Alchemist

"So often we keep reaching and reaching with the expectation that one day we'll cross a finish line and know that we've finally 'made it.' Today felt like it was supposed to be that day... but what if we're already enough? I believe that we are. Today, however, was the culmination of a long hard journey literally filled with blood, sweat, and tears. It wasn't easy. It wasn't always fun. It definitely wasn't popular... but it was what I wanted and felt called to do. And as I always like to remind myself, nothing worth having ever comes easy. Years of researching, writing, studying, revising, questioning, understanding, seeking, failing, trying again, wins, losses, challenges, support, misunderstandings, exams, long nights, seclusion, quiet, fear, doubt... Living a life that no one understands but you. I successfully defended my doctoral dissertation for my PhD today!!! Introducing... Dr. Jennifer Garnand AKA Dr. G! Chasing dreams and trying to set the example that ANYTHING IS POSSIBLE. Go forth and conquer!" Congratulations, Jenn!

Janet Tully ordered a badge holder and a wooden ornament from us and a fleece jacket from the CASN students. "They are for my daughter, **Christine Tully '13** (*Bush, LA*). She will be so surprised! She is working at UMC and frequently helps precept nurses on her floor. She lives on five beautiful acres in Bush, in a precious home. I know I'm a bit prejudiced, but she is an excellent nurse. Charity Nursing School helped her achieve her dreams. She is a blessing to all who work with her and especially her patients. We are very, very proud of our daughter!" ❖

Tell us YOUR news!
Email the Alumni Office at
chsnaaoffice@gmail.com



Life in the '50s at 450 South Claiborne

By Patricia Kucera Ammon '58

I arrived in New Orleans on the train from Florida in 1955. I had one suitcase with no wheels. It was so heavy the handle broke and I had to carry it in my arms. A friend from high school now living in New Orleans picked me up from the station and took me to the student nurse residence at 450 South Claiborne Ave.

I was assigned a room on the sixth floor. I woke up the first morning, looked down into the garden



and saw Sister Urban cutting roses. She was wearing the full navy blue habit with the starched white coronet. It took my breath away. Believe it or not, I had never seen a Catholic nun. I felt so overwhelmed and scared! I adjusted, but Sister Pauline, the director of the school, could strike fear into anyone who had done something wrong and had to go for a "talk" with her.

There was no air conditioning, either in the dorm or the hospital. We did have a ceiling fan in our room. All meals were cafeteria style in the basement. Much of what was served was cooked in the hospital and carted across the street. I remember looking out the window and seeing a large vat of canned spinach being delivered. Yuk! Every Friday was fish day and despite the abundance of local seafood, the fish was always frozen cod from somewhere. If you were not Catholic and didn't want the fish, you could eat leftovers from Thursday – usually hot dogs. Peanut butter, jelly and bread was available in the cafeteria in the evenings.

A dress had to be worn to meals and, in those days before permanent press, we had two or three 'dinner dresses' that were easy to wash and iron. You could wear shorts or jeans off-campus but, even if you were going on a picnic or to Pontchartrain Beach, you had to wear a raincoat over your sportswear – even in the sweltering heat. We were told that since we lived downtown, we had to project a certain degree of decorum.

Nobody had a car. We walked everywhere or took the streetcar. There were many stores on Canal Street in which to shop – none of which exist anymore: D.H. Holmes, Maison Blanche, Kreegers, Gus Mayer, Goldrings, Godschaux, Woolworth and Kraus. We could sign up to usher at the Municipal Auditorium to see operas and other musical events for free. We would walk there from the school in groups. I never felt afraid to walk at night – safer times.



The dress code for wearing a uniform was detailed and strict. There were no panty hose then and we had to wear a garter belt to keep our white stockings up. White cotton hose had to be worn when in the operating room block of study. These could be purchased at the Vogue Store on Dryades Street (now Oretha Castle Haley Blvd). No jewelry of any kind, no nail polish, and a hair net had to be worn no matter how short your hair was cut. No hair was allowed to touch the collar.

Tuition for the three years was \$250. That got you room and board, textbooks, twelve uniforms, your first pair of duty

shoes, a pair of bandage scissors, and the pretty and functional navy blue cape. After the first nine months, we received a monthly stipend of \$10 from the state, so in essence we got our tuition money back. Everyday prices were small too. A streetcar ride was seven cents, postage stamps cost three cents, and candy from a vending machine was a nickle. If you maintained an acceptable grade point average, you were allowed to work at the hospital one day a week on your off-school days for the princely sum of \$8 per eight-hour shift.

There were no male students or black students. All the students had to live in the dorm and married students were not allowed. If you got married (and it was discovered) you were out. Consequently many students sported engagement rings – not to be worn while working or in class. Many weddings took place right after graduation. (I married two days after mine!)

Our lives were closely monitored. If you were going off campus, you had to sign out and in at the desk in the main lobby. We were allowed to go out in the evenings four times per month until ten and four times until midnight. In order to go away for a night, you had to have a signed permission from your parents with two places you were allowed to go. All other times you were required to be in your room studying by eight o'clock. Rooms were checked by the hostess and you had better be there with a book open and not putting pin curls in your hair or other non-academic pursuits. A bed check was made every night as well. It seems restrictive now considering that by graduation we were all in our early twenties, but I think we were better for the structured life.

All too soon and not soon enough it was August 1958. Eisenhower was the President of the United States, Earl K. Long was Governor of Louisiana. Alaska and Hawaii would achieve statehood the following year. Fresh-faced and eager, we left our dear Charity, and our home for the last three years, chock full of knowledge and the skills to begin a new phase of our lives as registered nurses. ❖

In Memoriam

Kathryn "Gene" Fields Ainsworth '46 (3/24/07)
Mary Jane Cryer Hensley '52 (9/27/21)
Sheila Fredericks Bayer '53 (6/6/22)
Mae Margaret Galioto Rosson Webb '54 (1/28/22)
Joyce Baker Couey '55 (8/4/21)
Mildred Melancon Lands '55 (6/1/22)
Ellen Beach Ruiz '55 (4/10/22)
Rosemary Schnell '56 (12/27/21)
Dorothy Aull Nugent Barkley '57 (5/23/22)
Sydney Wood Womack '57 (3/28/22)
Audrey Claire LaRose Chadwick '59 (1/20/22)
Lillie Hull Lassen '59 (6/18/22)
Tommielu Lambeth Sparks '60 (10/5/21)
Charlene Coco '64 (9/17/21)
Susan Hebert Convenuto '68 (8/28/21)
Joan Cousins Damon-Simon '71 (4/19/22)
Nova DeLoach Chapuis '72 (3/10/22)
Vicky Vicknair Hingle '99 (3/23/22)

Faculty/Staff

Dr. Valerie Turgeon (1/2/22)

Goodbyes

"My mother, **Mary Jane Cryer Hensley '52**, passed away in September 2021. She always spoke very fondly of Charity and shared many stories about her time at the School of Nursing. She inspired me to become a nurse too."

— Nancy Davison



Sheila Fredericks Bayer '53 was born in London, England, and immigrated to the US after World War II. After graduating from Charity in 1953, she worked as a nurse for many years, living in New Orleans and Slidell, LA. She was matriarch of a large family that included 17 grandchildren and eight great-grandchildren.

Mae Margaret Galioto Rosson Webb '54: Mae Margaret was an actively practicing RN until the age of 83. She worked in many hospital areas, but her true love was Emergency Nursing for over 25 years. She was co-founder of the Greater New Orleans Emergency Nurse Association (ENA). She later became the founder

of the Louisiana Council of ENA and was the president for many years. It was slow growing, but was a very strong voice for the Emergency Nurses. Mae Margaret has received many local, state and national awards from ENA. She received a National Lifetime Award in 2005, a State Lifetime Award in 2008, and was recognized with the Mae Webb Excellence in Emergency Nursing award, which is annually awarded to a state emergency nurse. She was also honored as a Great 100 Nurse in 2005. She served as the president of the St. Lucy Society at St. John the Baptist Church, where she was a lifelong member, and received the SJB Parish St. Louis Medal for her devotion.



Joyce Baker Couey '55 worked as a nurse for many years at the Carl Vinson VA Medical Center in Dublin, GA. She was also an educator, teaching in the East Laurens school system in Dublin from 1970 to 1994. Her granddaughter Leslie Folds wrote to us, "My whole life I never heard my grandmother say one negative word about anyone. Daddy tells a story about her being treated very poorly



by complete strangers in the '60s because she dared to believe that people of all skin colors should be treated equally. She cared very little about herself, but lavished love on others. I am very proud to be her granddaughter. I hope she and Grandpa are reunited in heaven, but I really hope that she gets to meet Alex Trebek. Watching *Jeopardy* was a constant in her life for many years, and she knew many of the answers. About the most excited I ever saw her was when I told her I once took the test to be on the show." Joyce passed away in August 2021 at the age of 92.

Mildred Melancon Lands '55 worked as a RN for 42 years. After graduating from Charity, she worked at Big Charity, Touro and Mercy hospitals in New Orleans. She moved to McComb, MS in 1982 and worked in home health nursing, eventually retiring from Pike County Health Department in 1997.



"My good friend and fellow classmate, **Rosemary Schnell '56**, expired in December 2021 at the age of 87. She just laid down to take a nap and never woke up. She was never married and was living with her

Right, Rosemary Schnell '56

niece in Panama City Beach, Florida. We spoke often on the phone and I miss those phone calls."

– Sandra Owens Robert '56

Dorothy "Dot" Aull Nugent

Barkley '57 was a native of Clinton, LA and, after graduating from Charity, worked as a nurse for 30 years at Lane Memorial Hospital in



Zachary, LA, until she retired as Assistant Administrator/ Director of Nurses. After retiring, she enjoyed traveling, and fishing "down at the camp" in Leeville with her husband Gene. She passed away at the age of 86 in May 2022. Her family requested that donations in her honor be made to Charity Hospital School of Nursing Alumni Association for scholarships.

Sydney Wood Womack '57 had a passion for caring for those in need that she passed on to generations after her. She was scheduled to attend the March 2022 Alumni



Breakfast with her two granddaughters, but suffered a serious fall, fractured her pelvis, and passed away two days later at the age of 86.

"My fondest memories of Sydney were of our small group spending 'girls' weekends at her home in Jackson, LA. In 2002 we gathered there for a weekend that included spouses to celebrate our 45th class reunion from Charity. We

visited St. Francisville and a mental health facility in Jackson. Sydney and her husband Al were wonderful hosts for a great weekend of fun, food and remembering the past. Most of all, Sydney was always ready to come to Charity alumni gatherings. She always wanted to know, *Who is going to be there?* We will miss her. She was very special to all of us."

– Lucille Capo Castine '57

Audrey Claire LaRose Chadwick '59 was born in 1938 and grew up in Thibodaux, LA. She graduated high school a year early and enrolled at Charity School of Nursing. Moving to Galveston, TX, Audrey worked as a burn care nurse at Shiners Burn Hospital. In 1975, Audrey was given a chance to live and work overseas in Livorno, Italy for a year. From 1978 to 1983, Audrey worked in Jeddah, Saudi Arabia as the Head Nurse of Pediatrics at Whittaker Hospital. During this time, she taught herself Arabic to more effectively communicate



with her Saudi patients. In 1982, Audrey married the love of her life, Roger Chadwick, in Preston, England, and returned to Dickinson, TX, in 1985. Audrey returned to college to earn her Masters of Science from Texas Women's College in 1988. She was a Nursing Professor at Galveston College and later at the University of Texas Medical Branch, Galveston, until she retired. Audrey had a passion for horticultural/ community nursing. One of her greatest joys was working at the Moody Gardens in the Hope Horticulture therapy program. Audrey passed away at the age of 83, in January 2022, after a four-year battle with Lewy Body Dementia.



Lillie Hull Lassen '59 passed away in June 2022 at 84 years of age. After the death of her husband, and her health in decline, she was residing in an assisted living facility in New Orleans. Her best friend from nursing school, **Suzy Hooks Andry '59** was a constant, providing companionship and assistance in her care, proving once again that there are

no friends like the friends you make in nursing school. "It began in September 1956. Nursing classes were seated in alphabetical order. Our row was Haynes, Hebert, Heil, Holden, Hooks (me) and Hull (Lillie). This was the beginning of our friendship which lasted until her death. It was a nice comfortable relationship that included much sharing. She was a brown-eyed, red-head who was more fun than a barrel of monkeys. Working OB and GYN her whole professional life, she knew 'everything about birthing babies.' Lillie helped her husband, Dr. Alvin Lassen, start and grow Lakeside Hospital until it became a big HCA institution. May her memory be a blessing to us." – Suzy Hooks Andry '59



"My mom **Tommielu Lambeth Sparks '60** passed in October 2021. It was for the better, though, and she died happy. She was always so proud to have worn her Charity pin for the 34 years she spent nursing, and I gave it to a younger nurse that had admired Mom for years. Mom was also selected for *Who's Who in*

American Women in 1983. She always said that it meant so much to her because at the time, apparently they rarely selected nurses for the honor. I have her annuals and her cape (in very nice condition, with the collar embroidered CHSN) which I will send to you. Mom had asked me to send y'all two or three hundred dollars as a

donation. She died very unexpectedly about a week later, and I completely forgot about the donation. Mom's mail is now forwarded to me, and it was your newsletter that reminded me about it. All of that said, my brother and I are sending you \$500, in honor of Mom."

– Steven P. Sparks



Charlene Coco '64 was born in 1943 in Marksville, LA, and was deeply proud of her Native American and Cajun heritage. After Charity, she graduated from LSU's nursing school and later completed graduate training to become a Nurse Practitioner. As a faculty member at LSU School of Nursing, she taught her students both the science and art of

nursing and was recognized as a Great 100 Nurse. As a clinician at Lakeside Hospital, she joyfully welcomed many newborn babies into this world. "Charlene approached cancer as she did all things in life – with humor, courage, grace, tenacity, faith, science, determination, prayer...and more laughter." Charlene passed away in September 2021 in the aftermath of Hurricane Ida.

"It is with regret that we inform you of the unexpected passing of **Joan Cousins Damon-Simon '71** in April 2022 at her home in Houston. After Charity, Joan obtained her BSN from St. Joseph's University in 1986 and her MBA from Our Lady of the Lake University in 1995. In her 50-year career, Joan served in many capacities as a RN, supervisor, administrator, and CEO. She thrived on her career and her many patients throughout the years. Her infectious laugh and her quick wit will be missed by all who knew her and especially by her beloved 'Charity Chix'."

– Loretto Sitton, Janice Gates, Paula Savant, Linda Moore and Louise Dalili, Class of 1971



Vicky Vicknair Hingle '99: Graduating from Charity and becoming a RN was a lifelong goal that Vicky achieved. Her career was cut short when she was attacked by a patient and her back was injured, but her love for the medical field continued and she kept up by reading journals and continuing education. She passed away from cancer in March 2022. ❖

Identify Your Marble Chunks

Big Charity marble chunks are NOT available through the Alumni Association, but you can get a brass-colored plate from us to identify your marble as a piece of Big

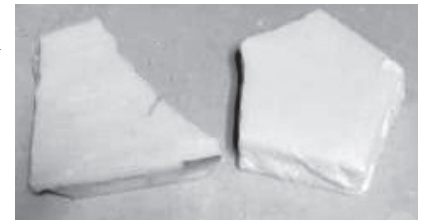
Charity. Go to our website at www.CharityAlumni.org and click on the 'Order Online' tab. ❖

Big Charity Marble

By the CHNO Construction Krewe

As the temperature has ramped up, so has progress on Charity Hospital New Orleans. The revitalization of CHNO is into the next phase. Crews are now working diligently to make room for new classrooms, administration areas, and living space. If you are local, you can drive by and see the building adapt and change over the next several months. You can also visit <https://1532tulanepartners.com/> or check out the **Charity Hospital NOLA Memorabilia** Facebook page.

Marble and other items are still available, but now we are offering discounts to grow your collection if you have purchased any piece for \$150 or more. Other items like cabinets and sinks are becoming available as we move forward.

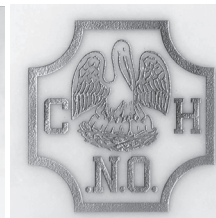


Anyone can reach out to ask about or order items via email at info@cpmconstructionllc.com or through Facebook at **Charity Hospital NOLA Memorabilia** by sending a Messenger message.

From the walls of Big Charity, marble chunks and tiles, and engraved marble squares are available for purchase. Marble chunks are from 2" to over a foot long. Engravings of the Charity Seal, the Charity Nursing Diploma Pin, and the CHSN Alumni Logo on 6" marble squares are also available, as well as a rectangle engraved with "Where the Unusual Occurs and Miracles Happen."

You can order by messaging on the Facebook page at **Charity Hospital NOLA Memorabilia**; by email at INFO@CPMConstructionLLC.com, or by mail using the form on page 21. The marble chunks will become unavailable as the rehabbing of Big Charity progresses, so don't wait – order now! ❖

Above, irregular marble shapes make fun paperweights; below, engraved squares are available with the Charity Seal, the Charity Diploma Pin, or CHSN Alumni logo.



Charity Hospital NOLA Memorabilia - Piece of History Order Form

Please print clearly!

Name _____

Phone Number _____

Email _____

Address _____

City/State/Zip _____

Make all checks payable to:
CPM Construction Management, LLC
 and mail your check with this form to:
CPM Construction Management
PO Box 24580
New Orleans, LA 70184
 Contact
INFO@CPMConstructionLLC.com
 for additional information.

	<u>Description</u> <i>All marble is 1" thick. Engravings are filled with metallic gold color except as noted.</i>	<u>Size</u>	<u>Floor Request</u> <u>Floors</u> 2 to 12 available.	<u>Item Price</u> <i>includes tax</i>	<u>Shipping</u> <i>if applicable</i>	<u>Price Subtotal</u> <i>Item price + Shipping</i>	<u>How Many?</u>	<u>Amount</u> <i>Price Subtotal x Quantity</i>
A	Marble chunk, irregular shape, broken edges - blank <i>No two are alike!</i> <i>Perfect for paperweights!</i>	Approx 2" x 2"		27.36	20.00	\$		\$
B	Marble chunk, irregular shape, broken edges - blank <i>No two are alike!</i>	Approx 6" x 6"		54.73	20.00	\$		\$
C	Marble chunk, irregular shape, broken edges - blank <i>No two are alike!</i>	Approx 9" x 9"		82.08	30.00	\$		\$
D	Marble chunk, irregular shape, broken edges - blank <i>No two are alike!</i>	Approx 1 sq foot		109.45	40.00	\$		\$
E	Marble chunk, irregular shape, broken edges - blank <i>No two are alike!</i> <i>Good size for cheeseboards!</i>	Approx 1.25 sq foot		164.18	40.00	\$		\$
F	Marble square, finished edges, engraved with Charity Seal	6" x 6"		218.90	30.00	\$		\$
G	Marble square, finished edges, engraved with Charity Diploma Pin	6" x 6"		218.90	30.00	\$		\$
H	Marble square, finished edges, engraved with CHSN Alumni Association logo	6" x 6"		218.90	30.00	\$		\$
I	Marble rectangle, finished edges, engraved with "Where the Unusual Occurs & Miracles Happen" <i>Silver color engraving only.</i>	6" x 18"		218.90	30.00	\$		\$
J	Room 4 Wall Tile, blank	4.5" x 4.5"	Room 4	218.90	20.00			\$
Total								\$

- Back Orders will occur. Expect an 8 to 16 week waiting period for all engraved pieces.
- Sinks; doors; tiles from floors 2, 3, 7 and 11; and FRP prices are available on request.
- All items are sold in "as is" condition, including but not limited to: discoloration, chips, scratches, markings, and dirt. We recommend you clean, sterilize and seal all marble.
- The marble is about 100 years old, and broke as it was taken off the walls. We do our best to package it for shipping, but cannot control how USPS handles it. We are not responsible for damage incurred during shipping.
- You will have a piece of history that not many others possess! Proceeds will go to project development and local charitable organizations. ❖

Members of Note

SUSTAINING MEMBERS

Margaret Robichaux Elliott '49
Betty Ogea Moore '51
Martha Phillips Gentry '53
Rita Jo Neary Ellsworth '55
Nancy Mynihan Comish '57
G. Maurice Weber Curtis '57
Betty Cloud Fowler '57
Jean Altice Blake '58
Anne Matthiesen Daigle '58
Lovely Ann Naquin Holbrook '58
Anna Martino Meinert '59
Esther Ogea Doucet '60
Joan Arceneaux Levasseur '60
Diane McMinn Scott '60
Frances Petho Aponte '61
Evelyn Boudreaux Hollier '62
Joan Bero '63
Barbara Johnson Roger '63
Dorothy Russell Staggs '63
Penny Kistler Tolchin '63
Ethel Marie Vidrine '63
Geraldine Bourgeois Daigle '64
Janette Foy Forsythe '64
Charlotte Voinche Guinn '64
Judith Wellman Quigley '64
Estelle LeBlanc Rome '64
Linda Sue Grimme Fontenot '65
Roberta Purvis Barteaux '66
Rita Fay Borne Broussard '66
Sara Lynne Jackson Casto '66
Susan Nebel Nielsen '66
Beverly Poche Chapoton '67
Paulette Gallant Gravois '67
Jean Hageney Houin '67
Karen Moulliet '67
Peggy Portie Parigé '67
Betty Schweitzer Toups '67
Louanna Cardinale Whiddon '67
Mary Wood '67
Dr. Marelle Yongue '67
Barbara "Bobbi" Bonner Folse '68
Patti Rouchon Burcham '70
Janie "Trudy" Carrier Lefort '70
Lucille LeBlanc O'Regan '70
Charlotte Arras '71
Sarah Percy LeBlanc '71
Marian Foret Offner '71
Janice Gates Redlich '71
Jo Ann Rizzutto '71
Kathy Garrard Rolston '71
D. Paxson Barker '72
Peggy Ditta '72
Chelsa Duhon Kuhnell '72
Sharon Graffeo Lowrey '72
Rosalie Parenton Vincent '72
Stephanie Laws '73

Dennis Pinkozie '73
Wilda Taylor '73
Mary Iannazzo Trosclair '73
Deborah Benoit Blytt '74
Charlene Breaux Broussard '74
Karen Leitz Clayton '74
Susan Duhon '74
Nancy O'Pry Gentry '74
Charlene White Persich '74
Mary Susan LeCompte Farrar '75
Joan M. Hodge '75
Jamie Walker Jensen '75
Julie M. Joyce '75
Vicky P. Kent '75
Donna Blanchard Landry '75
Maureen Connelly Mayeux '75
Barbara McClees '75
Joseph Nigliazzo, Jr. '75
Graciela Pinto-Leyva '75
Jeannette Milligan Saal '75
Jan Carrio '76
Bryanne Murray Hamill '76
Kay Beaulieu Kenney '76
Lane E. McAlister '76
Helen Roubion '76
Myra Lee DiGange '77
Debra Dumas-Hicks '77
Ellen Williams Manieri '77
Sheila Perrault Dahlgren '78
Marilyn Nola Hammett Gentry '78
Joycelyn Gondolfo Jeansonne '78
Kimberley Hoppe Keim '78
Rebecca Mayo '78
Sandra Tracy Bailey '79
Vickie Morrow Gibert '79
Georga Helmer '79
Cindy Tschirner Nuesslein '79
Deborah Skevington '79
Karen DelValle Tampira '79
Claudette Boudreaux '80
Ann Burghardt-Dieck '80
Belinda Hutchinson Janeski '80
Cydney Trahans Begnaud '81
Gloria Hallal Jarreau '81
Debra Ann Watson '81
Elizabeth Kelly Carlini '82
Sharon Lynn Mabry '82
Renee Rago Schuller '83
Patricia Dufrene '85
Elaine Riecke Bergeron '86
Patti Taylor Lapeyre '86
Gina West Ragland '86
Cynthia Wild-Mendoza D'Elia '88
Lisa Palmer Strain '89
Milagros Esguerra Yap '89
Wendy Taylor Martinez '90
Kevin Besse '91
Michael Harrison '92
Betty Trosclair Loumiet '92
April Lyn Willis Scaffidi '92
Andrea Thibodeaux '92
Mitzi Ridgdell Arnold '93
Craig A. Cedotal '94
Penny Authement Schuler '94

Margaret Johnson '96
Brenda Shields Simmons '96
Elizabeth Scanlan Bowen '97
Lista Hank '97
Roxanne LeBlanc McNally '97
Lucretia Moore-Peters '99
Ecoee Rooney '99
Eva Crosby '01
Rebecca Madere '04
Rebecca Sudduth '04
Cynthia Fernandez '10
Elaine Lauga '12
Danielle Chambers '14



SISTER STANISLAUS 2022

Sheila Mitchell Feigley '53
Vera Hoyt Copeland '64
Beverly Gary Angehrn '66
Carol Denson Walls-Anz '66
Brenda Crump Trosclair '68
Paula Favre Brewington '69
Ginny Graves Clark '69
Myra Bascle Porche '69
Carolyn Bartsch '70
Francine Taafe Dyer '70
Patrice Polito Bruno '71
Diane Craft Angelico '72
Mary Doucet Hains '72
Madeline Cerniglia Totten '72
Patricia Lane '79
Veronica Gautreaux Theriot '85
Renee Bridget Guidry '87
Michael Glennan '99
Catherine Berns '14
Mary Elaine Ponce-Gaudin '16

SILVER STAR 2022

Dolores Marsh Alford '51
Marion Thibodeaux Gatti '54
Agnes Larsen Hughes '54
Glynis Marlene Smith Chadwick '55
Sylvia Fulton Busey '56
Catherine LaFleur St. Cyr '59
Ethel Faciane Friend '60
Beryl Ann Forgey Olhasso '60
Tommielu Lambeth Sparks '60
Pamela Maycock Coulter '62
Nerle Sones Gutierrez '62
Madeleine Moreau Crawford '63
Judith Pourciau Mestayer '63

Kay Kirking Schmuellen '64
Susan Thibodeaux Grace '65
Diane Blumberg Howell '65
Constance Kennedy Proctor '65
Jo Ann Pierce Ligon '66
Elaine Ledoux Phares '66
Joan Musacchia Taylor '66
Sandra Cazenave Graugnard '67
Bonnie Glover Williams '67
Cynthia Hebert Liebel '68
Bonnie Hensley-Mowe '70
Pamela Elias Welch '70
Camille Bourgeois Whittaker '70
Maria Compagno Roth '71
Deborah Edwards Bolotte '72
Lynn May Griggs '72
Rosemary Lamia Hemelt '72
Barbara Bordelon Glover '73
Kathy Granier Herman '74
Olander Belfield Holloway '74
T. Roxanne Cali '75
Janice Breaux Samson '75
Rebecca Carter Fisher '76
Connie Bousquet '77
Cathryn Tereskerz Smith '78
Karen Howard Smith '78
Jacqueline Jenkins Gamble '79
DeeAnne Posseno Jewell '79
Melissa Manuel Deshotels '81
Mara Garcia Brown '82
Carol Flick Guidry '83
Estelle Collins Vincent '85
Johnnie Eccles '87
Joni Champagne Huerstel '92
Anne McCutchen Silverstein '98
Beverly Ann Rainey '05

BLUE RIBBON 2022

Marilyn Landry Roccaforte '46
Mary Katherine Brune Mollere '52
Carole Rohli Lowe '53
JoAnn McCurdy Nix '57
Mona Robicheaux Rojas '57
Evelyn "Toni" Amis Thomas '57
Rosalie Nicolosi Collura '59
Pat Aulenbrock Crotwell '59
Judith Lohr Dauterive '60
Bettie Unsworth Nolin '60
Virginia Cage Shemwell '60
Antoinette Keating Sykes '61
Judith Guion Barousse '63
Lynne Gordon Cook '63
Yvonne Gauthier McGaha '63
Alice Faye Chambers Brady '64
Linda Bernard Cucullu '64
Dixie Berlage Fabre '64
Yvette Strehle Greer '65
Linda Aucoin Hutchinson '65
Margaret LeComte Smith '65
Katherine Eskridge Crawford '66
Barbara Mahoney Helm '66
Mary Lynn Aymami Hymel '66
Lynn Burton Rosenblatt '66
Virginia Faris Angle '67

Members of Note

Continued

Susan Theriot Gosnell '67
 Mary Ellen Potier Hebert '67
 Cassandra Stokes Hite '67
 Judith Watson Lastrapes '67
 Iris LeBlanc LaBruyere '67
 Jacqueline Henry Terrell '67
 Lana Collins Craigo '68
 Sandra Roselle Hintz '68
 Judy Lafleur Ross '68
 Joanne White Springer '68
 Earline Chauvin Watson '68
 Susan Edwards Berry '69
 Mary Katherine Landry Bocz '69
 Pamela Glaeser Engle '69
 Cheryl Vicknair Phillips '69
 Amelia Templet Talamo '69
 Mary Holleman Beaulieu '70
 Darwin Schaubhut Martin '70
 Dianne Theriot Clavin '71
 Katherine Manuel Landreneau '71
 Patricia LaFleur Lewis '71
 Darilyn Ziifle Schieffler '71
 Natalie Bienvenu '72
 Nona Joyce Broussard DeRouen '72
 Sandra Peterson Messina '72
 Cynthia Steinkamp Michel '72
 Susan Pye Stone '72
 Toni Tilton '72
 Cynthia Bourgeois Wagley '72
 Betty Hebert Nolan '73
 Peggy Nicaud Prosser '73
 Elren Davis Waddell '73
 Diana Fontenot Roy '74
 Kathy Granier Herman '74
 Gail Zeringue Bourg '75
 Sandra Getz '75
 Anita Barras Landry '75
 Lynn Battaglia O'Niell '75
 Claudia Launey Ortego '75
 Marion Sams Johnson '76
 Yvonne Lassere '77
 Karen Steib '78
 Charlene R. Berger '79
 Robert Martinez '79
 Susan Hargis Earley '80
 Karen Jameson Rush '80
 John Bertucci '81
 Nancy Allebone Capponi '81
 Maria Gutierrez Lahey '81
 Lori Monte Besselman '82
 James H. Craig, Jr. '82
 Amy Raspino '82
 A'Drain Edney Bocage '83
 Karen Freitag Craig '83
 Karen Friley '83
 Ellen Gautreaux '83
 Cynthia Armstrong Bush '84
 Tena Laviolette Turnage '84
 Mary Sue Sargo '85
 Priscilla Wells Phillips '86
 Paula Raspino Hux '87
 Lloyd Ledet '88

Karen Medina D'Antonio '89
 Laura Duplantis Melancon '89
 Alissa Alouise Malbrough '90
 Victoria Monte Hammond '92
 Carol Weed Leefe '92
 Frances C. Loeske '92
 Marcelle Rodrigue '92
 Charles del Marmol '93
 Monica LeBlanc Johnson '93
 Trenee Mustache Maechling '93
 Gerard Oncale '93
 Gretel Barichivich Orellana '95
 Regina Foster Danner '97
 Tonya Mayeux LaGreco Solis '97
 Susan McWalters Rowell '98
 Kris Sellers '99
 Karen Bulanowski Cook Rice '01
 Rita Hammond Amedee '03
 Keesha Berkhalter '08
 Kimberly Dunn '14
 Joshua Bourgeois '18
 Monica Hevessy '18
 Jennifer Fremen '21

Received after
 The White Cap 2021:

SISTER STANISLAUS 2021

Sheila Mitchell Feigley '53
 Sally Taylor Utke '64
 Diane Craft Angelico '72
 Mary Doucet Hains '72
 Michelle DeLima '87

SILVER STAR 2021

Bettie Unsworth Nolin '63
 Marilee Keating Phillips '64
 Cynthia Hebert Liebel '68
 Pat Murphy Solomon '68
 Ella Ramagos Knight '72
 Rabetta Barras Touchet '73
 Maureen Gray Guevara '75
 Elaine Schexnayder Launey '76
 Ann Christy Wallhaus Marino '78
 Cynthia Dailey Moran '85

BLUE RIBBON 2021

Bernardine McNulty Bartlett '60
 Yvonne Gauthier McGaha '63
 Virginia Faris Angle '67
 Cassandra Stokes Hite '67
 Evelyn McClees McNeil '67
 Carolyn Desselle Righter '69
 Patricia Polaski Fontenot '69
 Mary Holleman Beaulieu '70
 Gail Zeringue Bourg '75
 Sheila Sorrell '78
 Michelle Bily Cousans '81
 Connie O'Pry Hoover '83
 Suzanne Favors Clay '84
 Yvette Chevalier Bertaut '87
 Audrey Randall Walker '92
 Margaret "Peg" Muldrey Kane '98
 Julie Cunningham Martinez '05
 Christina Champagne '16 ❖

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Amber Stokes '13

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Lista Hank '97

chснааoffice@gmail.com
 504.237.5161 (c)



2022 Advisory Committee

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Suzy Andry '59

Roberta Bartee '66

Cindy Beniger '68

Karen Bonilla-Zeladon '18

Brandi Borden '19

Alice Brady '64

Wedon Brown '10

Rose Jeanne Buccola '49

Mira Bull '19

Ann Burghardt-Dieck '80

Doris Burvant '60

Beverly Cazayoux '61

Karen Chabert '77

Tori Harris Chatman '07

Rick Crouse

Patricia Dufrene '85

Patricia Egers

Jenn Garnand '11

Marilyn Hammett Gentry '78

Joan Hodge '75

Carol Leefe '92

Ellen Manieri '77

Tiffany Manno '13

Rebecca McCalla '78

Margaret Palmisano '49

William Pellegrin '19

Beth Pesses '76

Angele Rains '18

Patrick Reed '90

Sharon Robinson

Susan Schaff

Lisa Stokes-Hasten '78

Linda Songy '68

Mary Trosclair '73

Brooke Troxclair '17

Amana Weinberger '19

Susan Wentz '11

Barbara Zeugner



Charity Homecoming 2022

Cherishing the Past, Celebrating the Future

October 22 & 23



Saturday Morning, October 22

Ain't Dere No Mo'

Farewell to 450 South Claiborne

Charity School of Nursing, 450 South Claiborne Ave

Handicap parking in garage and for others while it lasts.

As we look ahead to a new building for the School of Nursing, we say goodbye to 450 South Claiborne Avenue! This will be your last opportunity to walk the hallways of the Education Building dedicated in 1972.



Registration opens at 9:30am. Grab a coffee and bite of pastry as you register, greet your classmates, check out the class photos, visit the patio and Commemorative Brick Wall, take a few selfies and photos with friends. At 10:30am, we will convene for a delightful program of welcomes, updates on the new building, familiar faces and special guests. There's sure to be a few surprises, too! At 12:30pm, enjoy a light lunch, then go for a tour of the school strolling down memory lane while you meet the faculty, see all the changes and plans for the future. Peruse the scrapbooks and archival displays. Bid in some very exciting silent auctions, select from an array of cool souvenirs, and check out the Flea Market of wild and weird Charity junque! *Bring cash or your checkbook because we won't take credit cards!*



Saturday Evening, October 22

It's a Pajama Party!

Chateau Golf & Country Club

Grand Salon

3600 Chateau Blvd, Kenner

6:00pm to 9:00pm. *Cash bar. Free parking.*

Put on your jammies and let your hair down, or put it up in curlers! Enjoy a laid-back evening of old dorm memories and silly fun! Even if you never lived in the dorm, you can enjoy lounging in pajamas with your posse! Dance in your slippers or sock feet to the easy melodies of a jazz combo. Mark the end of an era while you munch from a yummy buffet that will include a nod to the traditional late night Charity Peanut Butter & Jelly!



Sunday Morning, October 23

Dey All Axed for You!



Audubon Tea Room
6500 Magazine Street

Doors open at 9:30am

Breakfast served at 10:30am

Cash bar. Free parking.

We're going down to the Audubon Zoo to continue the fun with your friends and classmates. This sumptuous brunch in an absolutely gorgeous setting will include the roll call of classes, special souvenirs for the class with the most in attendance at Homecoming, 50 and 60-Year Certificates, door prizes and so much more!

Saturday Morning 10/22 at the School of Nursing\$35 per person
 Saturday Evening 10/22 Pajama Party at Chateau Country Club.....\$45 per person
 Sunday Morning 10/23 at the Audubon Tea Room.....\$55 per person
Three-event discount package.....\$115 if paid by October 1, 2022.

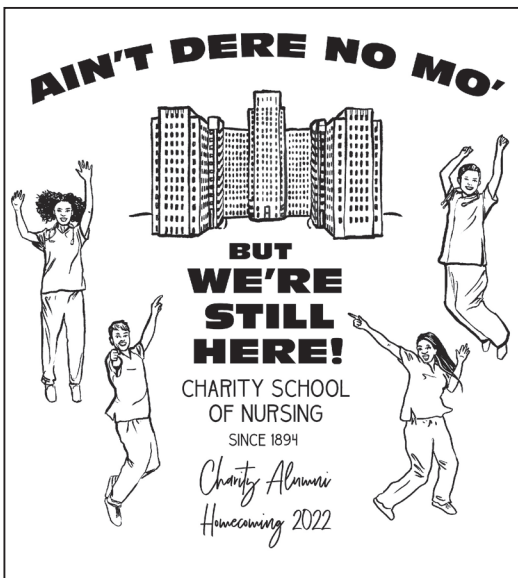
Use the form on page 27 to purchase your tickets by mail
 or order online at **www.CharityAlumni.org**

Once you purchase your ticket, we will send you a Homecoming packet including maps to venues and more! Please order early! We cannot guarantee admission to these events for any ticket orders received after October 10. No discount available after October 1.

Need a hotel?

Hampton Inn Metairie, 2730 N Causeway Blvd, Metairie, LA 70002
 Call 504-831-7676 to make reservations

A limited number of hotel rooms are available for the alumni at a special rate of \$209/night plus tax for October 21 through October 24 (*check out day*). Includes a complimentary daily Breakfast Buffet and WiFi for registered guests. Your individual reservation must be made before the cut off date of **September 21, 2022** using the code of **CHH** for the special rate. Reservations require a first-night room and tax deposit, guaranteed with a major credit card, and all charges are to be paid by each individual with a major credit card. There is a 72-hour individual cancellation policy. An early departure fee will apply.



T-Shirts

How often have you heard it? Charity Hospital is closed so there's no School of Nursing either... Wrong-O! We are not a building, we are Charity School of Nursing and WE'RE STILL HERE! Order your t-shirts directly online from Teespring in advance. (*These t-shirts will NOT be sold at the Homecoming Celebration, but other Charity student t-shirts and fleeces will be. Bring cash or checks!*) To order, type this web address exactly into your search engine: **www.teespring.com/charity-alumni-homecoming-2022** Or, you can find the easy link to click on our website **www.CharityAlumni.org** on the Homecoming page.

Shout it out to the city and to the world!

We are Charity School of Nursing and WE'RE STILL HERE!

And we will see YOU at Homecoming!!!!



2021-22 Outstanding Donors



*Gifts of \$100 or more to
Restricted Funds since The White Cap 2021*

INDIVIDUAL SCHOLARSHIP FUNDS

(Minimum \$500 donation)

Madeline Tolson Markwood '52 Scholarship
Janet Foret Lococo '56 Scholarship
Elizabeth Matranga MacDonald '66 Scholarship

Sister Blanche McDonnell Scholarship Fund

Ann Barry Carroll '66
Roberta Purvis Barteel '66

Sister Camilla Gaudin, D.C. Scholarship Fund

Mary Smith Singletary '49
Saundra Owens Robert '56

Bernice Bonds Scholarship Fund

Charity School of Nursing Faculty
Sharon Burel '80
Debra Ann Watson '81
Joshua Bourgeois '18

Sally Cooper '59 Scholarship Fund

In memory of Geraldine Owens Fields '59
Lynda Dixon Abney '59
Roberta Purvis Barteel '66

Tommielu Lambeth Sparks '60 Scholarship

Steven P. Sparks and Frank Sparks

Barbara Ann Pitre Philipps '61 Scholarship Fund

Peggy Grace
James "Gym" Philipps
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Class of 9/11/64 Scholarship Fund

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Christine Hurley Carbon '71 Scholarship

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Doris Tucker Burvant '60
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Peggy Begnaud Johns '63
Carol Denson Walls-Anz '66
Connie Bousquet '77
Belinda Hutchinson Janeski '80

PIN AWARDS

In memory of Bernice Bonds

From CSN Level 1 Faculty

In memory of Richard V. Famiglio,

father of faculty member Beth Liebert '97

From CSN Faculty and CSN Level 1 Faculty

In memory of Audrey "Shady" Sandolph,

mother of faculty member Veronica Jean

From CSN Faculty

In Memory of Charles William Myers, Sr.,

father of Dr. Cheryl Myers

From CSN Faculty and CSN Administrative Team

In memory of Jane Hardy Barrow

From Dr. Mary J. Barrow

In memory of Ruth Sullivan '45

From Roberta Purvis Barteel '66

In memory of Dorothy Aull Barkley '57

From Ruth Woodward

In memory of Cynthia Steinkamp Michel '72

From Kathy Ayme, Jane and Amy Rosenkrantz

In memory of Kirk LeVasseur '79

From Charlene R. Berger '79

In memory of Gerald Camus

From Bryan Camus-Reed '12

CASN Convention Travel Fund

Alice Fay Chambers Brady '64

Student Emergency Assistance Fund

Sheila Mitchell Feigley '53

Doris Tucker Burvant '60

Joan Arceneaux Levasseur '60

Linda Grimme Fontenot '65

Beverly Gary Angehrn '66

Beverly Poche Chapoton '67

Brenda Crump Trosclair '68

Patti Rouchon Burcham '70

Jo Ann Rizzutto '71

Charlene White Persich '74

Diana Fontenot Roy '74

Jan Carrio '76

Connie Bousquet '77

Belinda Hutchinson Janeski '80

Bonnie Fontenelle McCarty '81

Karen Six Rabalais '81

Michelle DeLima '87

Patricia Egers, CSN Dean 2000-2010



You can use this form...

Or visit our website: www.charityalumni.org

PLEASE PRINT CLEARLY!

Name: _____ Class: _____
First name Graduation last name if different from current name Last name

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-Mail: _____
Cell Home

☐ I Want to Attend Homecoming 2022!

☐ Saturday Morning 10/22 at the School of Nursing\$35 per person

☐ Saturday Evening 10/22 Pajama Party at the Chateau.....\$45 per person

☐ Sunday Morning 10/23 Brunch at the Audubon Tea Room\$55 per person

Or choose: ☐ The Three-Event Package: All three events for a discount price
 of only \$115 if you purchase by October 1st.

You must purchase your tickets by October 10th to assure your admission to any of the events.

☐ I Want to pay my Annual Membership Dues:

☐ \$15 Regular Membership

☐ \$25 Blue Ribbon Membership

☐ \$50 Silver Star Membership

☐ \$100 Sister Stanislaus Membership

or ☐ Sustaining Membership: a one-time gift of \$500 (and never pay dues again).

☐ I Want to make a Donation to the:

Alumni Scholarship Fund..... \$ _____

Art & Archives Preservation Fund..... \$ _____

CASN Convention Travel Fund \$ _____

Student Emergency Assistance Fund..... \$ _____

Bernice Bonds Scholarship Fund..... \$ _____

Other: _____ \$ _____

Dues or donations of \$25 or more, please select your choice of: ☐ No gift, please

☐ 2022-23 CHSNAA pocket calendar

☐ Alumni Pocket Notepad

☐ Vintage Postcard of the old Dorm

☐ Pelican Coaster

Mail this form with your check to:

CHSN Alumni Association, PO Box 19103, New Orleans, LA 70179



Charity Hospital School of Nursing
ALUMNI ASSOCIATION
P.O. Box 19103
New Orleans, Louisiana 70179

ADDRESS SERVICE REQUESTED

IF YOU RECEIVED THIS NEWSLETTER IN ERROR, OR NEED TO CHANGE YOUR ADDRESS,
PLEASE LET US KNOW AT CHSNAAOFFICE@GMAIL.COM

www.CharityAlumni.org chsnaaoffice@gmail.com Facebook: Charity Alumni NOLA

What's that number after my name on the mailing label?

The number after your last name on your mailing label indicates the year your membership expires (not your graduation year). For example, "Jane Jones 2022" means your membership expires at the end of 2022. You are current, but you may want to consider renewing your membership now for 2023.

If your label has a "0" or a year earlier than 2022 (such as "2018"), you are overdue! Please join or renew your membership now.

If the numbers on your label are 9999, 8888 or 7777, you are in a specialized membership category (Lifetime, Sustaining or Friend) and you do NOT need to renew your membership, but we very much appreciate your donations!

If you have any questions about your membership, email the Alumni office at chsnaaoffice@gmail.com ❖



Progress continues on the Ochsner Center for Nursing and Allied Health on the Delgado City Park campus. This will be the new home of Charity School of Nursing in 2023. ❖